

Cabin Fever Reliever Daytrip

Has bad weather put a damper on your outdoor plans? No worry, there's lots you and your family can do in Connecticut with a roof over your heads. For example, here's a daytrip in Fairfield County that should keep everyone well occupied. And, incidentally, it works just fine in nice weather, too.

MARITIME AQUARIUM

The day begins at the [Maritime Aquarium at Norwalk](#), featuring 1,000 sea animals ranging from 9-foot sharks to clouds of jellyfish. There's also a 6-story-high IMAX theater, harbor seals, sea otters, meerkats for one and all, and touch pools featuring green crabs and rays. Afterwards, head next door for lunch at the [Sono Brewhouse Restaurant](#).

SPORTS CENTER OF CONNECTICUT

Next comes a drive up to [Sports Center of Connecticut](#) in Shelton, where there's ice skating, a golf driving range, mini-golf, batting cages, Fun Bowl (bowling with laser lights and music), Lazer Tag and a video arcade – in short, just about everything a kid requires for a good time.

STEW LEONARD'S

On your way back to your home or hotel, stop at one of southwest Connecticut's great roadside wonders, [Stew Leonard's](#), dubbed "the Disneyland of grocery stores" by *The New York Times*. Costumed characters, live entertainment, abundant food samples and a colossal selection of takeout foods are all in evidence at the Norwalk anchor store. Take food home as an excellent caper to the day.